

Advice for 2021 (column 17)

2021 could turn out to be a defining year for mankind. Will some of its freedom be preserved? Or will we end up in a global medical-fascist dictatorship? If we keep talking, the latter will be the case. Therefore, more than ever, actions are needed:

1. Inform yourself and others. Distrust the government, avoid mass media and fight the lies.
2. Do not wear a mask. It doesn't work and it is harmful. It represents fear and submission, and makes communication difficult. Breathe freely, show your face, sing, move, go outside, eat healthy, seek physical contact.
3. Don't get tested. The test is unreliable and does not indicate illness or infection. The test is the real problem, not the virus.
4. Refuse the vaccine. For people under 70, Covid-19 is less dangerous than the flu. The vaccines have been insufficiently tested. The vaccine for Covid-19 is more dangerous than the virus itself. It probably serves a different purpose.
5. Work on solutions. Get rid of the tentacles of the globalist maffia. Build your own community (not online, but for real). Become friends with your neighbors. Grow your own vegetables (avoid the supermarket). Use alternative means of exchange (avoid the banking system). Don't get into debt. Speak instead of emailing and texting ... Review Ernst Schumacher's *Small is Beautiful* (1973). Be inspired by Gandhi, Jesus and Buddha. Listen to contemporary alternative voices: Marcel Messing, Wim Hof, James Corbett (study his "solutions") ... and return to point 1 above.